

BREAKFAST SANDWICHES - \$4.99

Add \$0.50 for croissant or egg whites

EGG AND CHEESE

Bagel, egg, and cheddar cheese

SPINACH, EGG AND SWISS

HOT CEREAL - \$3.99 FRESH STEEL CUT OATMEAL

FRUIT & YOGURT - \$4.29 SEASONAL FRUIT CUP YOGURT PARFAIT

English muffin, spinach, Swiss cheese, egg, and honey mustard

SAUSAGE, EGG AND CHEESE

English muffin, sausage, egg, cheddar cheese, salt and pepper

BACON, EGG AND CHEESE

English muffin, cooked sliced bacon, egg, and cheddar cheese

HAM, EGG AND CHEESE

English muffin, smoked ham, egg, and cheddar cheese

CEREAL & MILK - \$3.99 GRANOLA & MILK

ACME TOAST - \$3.99 Wheat, white, or sourdough toast with butter and preserve spread With peanut butter - \$4.99

SMOKED SALMON AND CREAM CHEESE ON BAGEL - \$7.49 Bagel, smoked salmon, cream cheese, capers, and red onion

Ask us about Breakfast Catering! Make your breakfast meeting perfectly delicious with our **Sprig Continental or Executive Breakfast Menu!**



SPRIG BREWED COFFEE SM MED LG Coffee (Regular or Decaf) \$2.25 \$2.60 \$2.85 Café Au Lait \$2.85 \$3.20 \$3.45

SPRIG ESPRESSO

SPRIG CLASSICS

	SM	MED	LG		SM	MED	LG
Cappuccino or Café Latte	\$3.55	\$4.05	\$4.55	Hot Tea by the Cup	\$2.55	\$2.75	\$2.95
Vanilla Latte	\$4.05	\$4.55	\$5.05	Chai Tea Latte	\$3.70	\$4.35	\$4.75
Caramel Latte Macchiato	\$4.35	\$4.80	\$5.40	Dirty Chai Latte	\$4.60	\$5.15	\$5.55
Café Mocha	\$4.05	\$4.55	\$5.05	Steamed Milk	\$2.40	\$2.60	\$2.80
Café Americano	\$3.00	\$3.50	\$3.80	Hot Chocolate	\$2.95	\$3.45	\$3.65
White Mocha	\$4.35	\$4.85	\$5.40				
Raspberry White Mocha	\$4.85	\$5.35	\$5.90	-Add espresso shot \$.80			
Espresso (1, 2 or 3 shots)	\$2.20	\$3.00	\$3.80	-Flavored syrup \$.50			
	-Almond, coconut, and soy milk for \$.60						

-Add Whip Cream \$0.35



SPRIG ICED DRINKS MED SM \$2.70 \$3.20 Iced Coffee \$3.55 \$4.05 Iced Café Latte \$4.55 \$4.05 Iced Vanilla Latte \$4.55 Iced Café Mocha \$4.05

\$4.35 \$4.85 \$5.40 \$4.35 \$5.40 \$4.85 \$2.15 \$2.75 \$3.10

LG

\$3.95

\$4.55

\$5.05

\$5.05

Iced White Mocha Iced Caramel Macchiato Mango Black Iced Tea





Tuna salad and cheddar cheese on ACME sliced sourdough

Sliced roast beef, provolone cheese, mayonnaise, and caramelized onion on ACME focaccia

Grilled chicken breast, mozzarella cheese, and roasted red peppers on ACME sliced sourdough

Smoked ham, Swiss cheese, honey mustard, and red onion on ACME sliced sourdough

CHICKEN TAPENADE AND GOAT CHEESE PANINI

Roasted chicken, goat cheese, fresh basil, and grilled onion with sundried tomato and Kalamata olive tapenade on ACME sliced sourdough

Grilled chicken breast, pesto, provolone cheese, baby spinach, Roma tomatoes, and red onion on ACME sourdough

Choose meat (roast beef, turkey, ham, chicken breast, tuna), cheese, spread/grilled onions, and ACME bread



PANINI SANDWICHES - \$11.99

Served with Spring Mix Salad and Orange Wedge

PEPPER JACK TURKEY PANINI

Roasted turkey, pepper jack cheese, baby spinach, and red pepper rings on ACME focaccia

TUNA CHEDDAR PANINI

PHILLY CHEESESTEAK PANINI

VEGGIE PANINI

Roasted red pepper, spinach, Roma tomato, red onion, pepperoncini, and blue cheese spread on ACME focaccia

CHICKEN MOZZARELLA

HAM & SWISS PANINI

CHICKEN PESTO PANINI

DELUXE CUSTOM PANINI



NEN

Organic Romaine lettuce, asiago cheese, chicken breast, grape tomatoes, croutons, and egg

Organic Romaine lettuce, sliced chicken breast, shredded cheddar cheese, grape tomatoes, sweet white corn, black beans, salsa, and chipotle ranch dressing

BEET AND GOAT CHEESE SALAD

Organic baby spinach, Romaine lettuce, fresh cooked beets, goat cheese, caramelized honey walnuts

Organic mixed greens, chicken breast, Chow Mein noodles, grape tomatoes, carrots, mandarin oranges, and almonds

LOW CARB LUNCHER TUNA SALAD

Organic Romaine lettuce, tuna salad, feta cheese, sunflower seeds, grape tomatoes, cucumber, and egg

Choose your greens: organic Romaine, organic mixed greens, organic baby spinach **Choose your protein:** grilled chicken breast, roasted turkey breast, smoked ham, albacore tuna salad, bacon **Choose four toppings:** see current selection **Choose your dressing:** ranch, blue cheese, sesame ginger, Thai, balsamic vinaigrette, Parmesan Caesar, Italian

SIGNATURE SALADS - \$12.95

COBB SALAD

Organic mixed greens, sliced chicken breast, crumbled bacon, blue cheese, toasted almonds, grape tomatoes, green onion, and egg

THAI CHICKEN SALAD

Organic mixed greens, grilled chicken breast, shredded cabbage, cucumber, cilantro, sesame seeds, Thai dressing

CAESER CHICKEN SALAD

SOUTHWEST CHICKEN SALAD

ASIAN CHICKEN SALAD

DELUXE CUSTOM SALAD



SIGNATURE SANDWICHES - \$10.95

Tarragon chicken salad, cranberries and organic greens on ACME whole wheat multigrain

Smoked ham, Brie cheese, Roma tomatoes, and mixed greens, with sweet/hot mustard spread on ACME baguette

Salami, ham, provolone cheese with lemon aioli, chopped pepperoncini, and Roma tomatoes on ACME ciabatta

Smoked ham, Genoa salami, artichoke tapenade, and provolone on ACME ciabatta

Oven-roasted turkey, bacon, avocado puree, Roma tomatoes, green leaf lettuce, blue cheese spread on ACME focaccia

Roasted chicken, chipotle mayonnaise, Havarti cheese, organic spring mix, and tomatoes on ACME ciabatta

Fresh mozzarella cheese, fresh basil, and Roma tomatoes with balsamic vinaigrette spread on an ACME ciabatta

Choose your meat: roast beef, turkey, ham, chicken breast, tuna **Choose your cheese**: Swiss, Provolone, Havarti, cheddar, pepper jack **Choose your toppings**: lettuce, tomato, onion, spread, pickles, pepperoncini **Choose your bread:** see selection of Acme Bread

TURKEY PESTO

Smoked turkey, provolone cheese, Roma tomatoes, and organic greens with pesto spread on ACME sliced sourdough

TARRAGON CHICKEN SALAD

FRENCH BRIE AND HAM

ITALIAN POOR GIRL

ITALIAN POOR BOY

CALIFORNIA CLUB

CHIPOTLE ROASTED CHICKEN

VEGETARIAN ROMA

DELUXE CUSTOM SANDWICH



GOURMET SOUP DU JOUR, STEW OR CHILI W/ ACME BREAD MEDIUM \$5.99 LARGE \$6.99 See Chalkboard for daily selections

GOURMET VEGGIE SOUP DU JOUR WITH ACME BREAD MEDIUM \$5.49 LARGE \$6.49 See Chalkboard for daily selections

Sprig Dogs every Thursday & Friday Beef and Polish Hot Dogs - \$5.99 With Chili - \$6.99